A Hidden Message

Pretend you are a spy and you have to send a secret message to someone. You use a code so that know one else knows what it says. The code = change each letter you use for the one that comes after it in the alphabet, e.g. A becomes B.

Can you work out what this means?
Tqfdjbm bhfou Y sfqpsujoh

Try making your own secret message and get someone else to work out what it means.